

Boston Medical Center Child Life Program

Welcome to the child life program at Boston Medical Center. A Child Life Specialist is a member of the health care team who focuses on supporting children and their families through their medical experience.

Whether your child is admitted to the hospital or in the outpatient area, the child life team makes every effort to provide a comfortable and safe environment where children continue to grow developmentally. Through multiple efforts, Child Life Specialists use their skills to provide children and families with preparation and support for medical procedures and to provide opportunities for therapeutic play.

When your child is having a procedure, the Child Life Specialist prepares and teaches your child about the procedure thus alleviating any concerns or misconceptions. Furthermore, by accompanying a child through the procedure they can guide the child to utilize coping skills that have been previously identified. Child Life Specialists also work with the child to help them with their pain management through non-pharmacological techniques. Child Life Specialists advocate for the needs of the child and family in order to create a family centered environment. Child Life Specialists continue their work with the child and family post procedurally to see if there are any questions and to provide them with coping techniques.

If you have any questions about child life, or want a visit, please do not hesitate to contact your child life team at 617-414-5762.

Services Provided for Patients by the Child Life Program:

- Hospital Tutoring
- Preparation for Procedures
- Distraction for Procedures
- Post Procedural Comforting Techniques
- Coping Techniques
- Holiday Celebrations
- Birthday Celebrations
- Music Therapy
- Clown Care Unit
- Reiki
- Special Events
- Therapeutic Play
 - Fun Centers
 - Playroom
 - Outdoor Playground
 - Bedside Activities