

DEVELOPMENTAL  
& BEHAVIORAL PEDIATRICS

# NEWSLETTER

BOSTON  
MEDICAL  
CENTER

The Autism Program

A monthly newsletter for families of Developmental & Behavioral Pediatrics (DBP) at Boston Medical Center during COVID-19 Social Distancing



## Boston Splash Pads

Are you looking for a fun way to cool down this summer? Check out these Splash Pads around the Boston area:

- Dorothy Curran Playground (1005 Columbia Rd. Boston)
- Rose Kennedy Greenway Fountains (Milk St. Boston)
- Boston Common Frog Pond (38 Beacon St. Boston)
- Artesani Playground Wading Pool and Spray Deck (1255 Soldiers Field Rd. Boston)
- Ryan Wading Pool (307 River St. Boston)
- Children's Fountain at the Christian Science Plaza (Intersections of Mass Ave, Clearway St. Belvidere St. and Huntington Ave. Boston)
- Olsen Swimming Pool Fun Park (95 Turtle Pond Pkwy, Hyde Park)
- Soule Recreation Playground (652 Hammond St. Chestnut Hill)
- Coolidge Playground (Watertown)

## Patriots Training Camp



The New England Patriots 2023 training camp will be July 26, 27, 28 this year! Take a trip down to Foxboro for some fun activities and a chance to meet a Patriots player!

## Gnome Surf



Gnome Surf is a community based surf academy that provides children with the opportunity to learn how to surf while addressing their physical, mental health, and emotional well-being through surf therapy! The organization provides surf therapy, art therapy, eco therapy and yoga therapy to children and families of all abilities on the autism spectrum, down syndrome, and the LGBTQ youth. Check out their website [HERE](#) for more information!

## Project Bread - Summer Eats

Brought to you by Project Bread, Summer Eats is a federal nutrition program designed to ensure that all youth (18 and under) have access to healthy meals and snacks during the summer when school is not in session. Through the program, free and nutritious meals are available to ALL kids and teens at hundreds of sites across Massachusetts! No registration or identification is necessary! Find the sites, days, and times that work for you by visiting Project Bread's website [HERE!](#)



## Crosstown Quiet Waiting Area

Did you know that in our new Pediatric space on Crosstown 7th floor we have two Quiet Waiting Rooms? The two Quiet Waiting Rooms are located off of the waiting area nestled in the back. If you feel that the waiting area is too loud, overstimulating, or you need a break, just let the front desk know that a nurse can come find you in the Quiet Waiting Room when it is time for your appointment.



## Safety Tip of the Month:

### Big Red Safety Box!

The National Autism Association's Big Red Safety Box is available again! The organization is requesting an \$8 donation but there is an application that can be completed to receive the box for free.

The Big Red Safety Box includes:

- Educational materials and tools, including NAA's BeREDy booklet
- Two (2) Door/Window Alarms including batteries
- One (1) RoadID Bracelet or Shoe ID tag. You will receive instructions in the box to submit your custom personalization order at <http://roadid.com/naa>.
- Four (4) Laminated Adhesive Stop Sign Visual Prompts for doors and windows
- One (1) Safety Alert Window Clings for car or home windows
- One (1) Child ID Kit from the National Center for Missing & Exploited Children

To be eligible for a Big Red Safety Box you must:

- Be the primary caregiver of an individual with an autism diagnosis.
- Be 18 years or older and a resident of the U.S.
- Fully complete the application with valid information.
- Agree to the terms and conditions below.
- Be a first-time recipient. Previous recipients are not eligible to apply.
- Apply only once. Multiple requests will not be processed, limit one box per family.



There are a limited number of boxes available on a first come first serve basis. You can check out their website for more information [HERE!](#)

## Resources



The Autism Program is continuing to support families in many ways both inside and outside of Boston Medical Center. Check out our website to learn more about the services, supports and programs we offer including our Autism Friendly Hospital Initiative, Teens Engaged as Mentors (TEAM) program, and our training offerings. We also have a huge resource library where you can access free information on a variety of topics such as safety, behavioral support, transition to adulthood, insurance and more!

<https://www.bmc.org/pediatrics-autism-program>

Do you have an idea for a future newsletter? Email us at.

[autismprogram@bmc.org](mailto:autismprogram@bmc.org)

with suggestions.

## Clinic

Our clinicians are available for developmental evaluations, assessments and follow up. To connect with the clinical team, please call 617-414-4841 and follow the prompts for Developmental Pediatrics.

### Our Clinicians

Marilyn Augustyn, MD  
 Naomi Steiner, MD  
 Arathi Reddy, DO  
 Rachel Amgott, NP  
 Christina Lazdowsky, NP  
 Mei Elensary, MD  
 Alyssa King, PhD  
 Jocelyn Kuhn PhD  
 Audrey Christiansen, MD  
 Sarah Canale, MD  
 Britany Weissman, MD  
 Mary Ellen Killion, NP

## ABOUT THIS NEWSLETTER

This newsletter is brought to you by the Autism Program at Boston Medical Center, a family support program of Developmental & Behavioral Pediatrics. We are committed to supporting any family of DBP during this time, regardless of diagnosis. Please don't hesitate to reach out, and follow us on social media for more tips and information! **To unsubscribe, please reply by email with the word "stop!"**



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The Autism Program at Boston Medical Center



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